

Trail Ready Program LLC

10 Pillars Of Hiking

TRAIL

The hike starts before the trailhead

Knowing where you're going, what to expect, and how to be equipped is a movement towards preparedness.



1. Have the proper Gear
2. Know trail etiquette
3. Don't hike alone
4. Hydration & nutrition
5. Condition & pacing
6. Teamwork
7. Communication
8. Leave No Trace
9. Geographical awareness
10. Situational awareness

